RESPONSE CARDS

The following are examples of the response cards used by interviewers when conducting interviews. The cards aid the study participants when responding to certain questions. The forms for which the cards are utilized are indicated at the bottom of each card, and the card number is indicated in the upper right corner.
No

Yes

Used throughout interview as needed
Close your eyes
Mini-Mental State Exam
How to Use the Network:

1. Access the network by dialing 1-800-123-4567 and entering your five digit PIN.

2. Select a feature by pressing the number next to the feature using keypad on the screen phone.

<table>
<thead>
<tr>
<th>Other Services</th>
<th>Healthy Living</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Care Management</td>
<td>1. Your Health</td>
</tr>
<tr>
<td>2. Homemaking</td>
<td>2. Healthy Eating</td>
</tr>
<tr>
<td>3. Transportation</td>
<td>3. Exercise</td>
</tr>
<tr>
<td>4. Meals</td>
<td>4. Relaxation</td>
</tr>
<tr>
<td>5. Shopping</td>
<td>5. Sleeping Better</td>
</tr>
</tbody>
</table>

Sociodemographic Form
Never married
Married or living as married
Widowed, not currently married
Divorced, not currently married
Separated
No formal education
Grade 1
Grade 2
Grade 3
Grade 4
Grade 5
Grade 6
Grade 7
Grade 8
Grade 9
Grade 10
Grade 11
Grade 12/high school diploma/GED
Vocational/training school after high school
Some college/associate degree
College graduate (4 or 5 year program)
Master’s degree (or other post graduate training)
Doctoral degree (Ph.D., MD, EdD, DVM, DS, JD etc)
Cuban
Mexican
Puerto Rican
Other
No Primary Group

White, Caucasian

Black, African-American

American Indian or Alaska Native

Asian

Native Hawaiian or other Pacific Islander

Other
United States
Canada
Cuba
Mexico
Other

Caregiver and Care Recipient Sociodemographics
Employed at a job for pay, full-time

Employed at a job for pay, part-time

Homemaker, not currently working for pay

Not currently employed, retired

Not currently employed, not retired
You anticipated having to care for your relative

To provide additional care for your relative

Other
<table>
<thead>
<tr>
<th>Amount</th>
<th>Category Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>less than $5,000</td>
<td>0</td>
</tr>
<tr>
<td>$5,000 - $9,999</td>
<td>1</td>
</tr>
<tr>
<td>$10,000 - $14,999</td>
<td>2</td>
</tr>
<tr>
<td>$15,000 - $19,999</td>
<td>3</td>
</tr>
<tr>
<td>$20,000 - $29,999</td>
<td>4</td>
</tr>
<tr>
<td>$30,000 - $39,999</td>
<td>5</td>
</tr>
<tr>
<td>$40,000 - $49,999</td>
<td>6</td>
</tr>
<tr>
<td>$50,000 - $59,999</td>
<td>7</td>
</tr>
<tr>
<td>$60,000 - $69,999</td>
<td>8</td>
</tr>
<tr>
<td>$70,000 - $99,999</td>
<td>9</td>
</tr>
<tr>
<td>$100,000 or more</td>
<td>10</td>
</tr>
</tbody>
</table>
Not difficult at all
Not very difficult
Somewhat difficult
Very difficult
Single-story single family home
Multiple-story single family home
Condominium
Apartment
Assisted living facility
Other
Not at all
A little
Moderately
Very much
Extremely
Telephone
Shopping
Food Preparation
Housekeeping
Laundry
Traveling
Medications
Finances

ADL/IADL
Minimal improvement

Substantial improvement
No change

Minimal decline

Substantial decline
Getting into/out of bed, chair or wheelchair

Eating

Bathing

Dressing from the waist up

Dressing from the waist down

Toileting

Grooming
No others have provided help

One day in the past week

Two days in the past week

Three days in the past week

Four days in the past week

Five days in the past week

Six days in the past week

Seven days in the past week
Not at all useful

Somewhat useful

Moderately useful

Very useful
Not in the past week

1 to 2 times in the past week

3 to 6 times in the past week

Daily or more often
Never

Rarely

Sometimes

Quite Frequently

Nearly Always
Overnight respite

Professional service that calls regularly (e.g., Telephone Reassurance, Friendly Visitor)

Help from social worker or case manager in getting social or health services

Physical/occupational therapist

Help with home repairs or maintenance from an agency

Recreational services such as trips arranged by senior center
Very difficult

Somewhat difficult

Not at all difficult

Formal Care
Disagree a lot
Disagree a little
Neither agree nor disagree
Agree a little
Agree a lot
Excellent

Very good

Good

Fair

Poor
Much better now
Somewhat better now
About the same
Somewhat worse now
Much worse now
Very bad
Fairly bad
Fairly good
Very good
Never

Less than once a week

Once or twice a week

Three or more times a week
Rarely or none of the time (less than 1 day during the past week)

Some or a little of the time (1 - 2 days during the past week)

Occasionally or a moderate amount of the time (3 - 4 days during the past week)

Most or almost all of the time (5 - 7 days during the past week)
Not at all
A little
Moderately
Very
None
One
Two
Three or four
Five to eight
Nine or more

Social Support
Never
Seldom
Sometimes
Often
Very often
Always
Never

Once in a while

Fairly often

Very often
A great deal
Quite a bit
Somewhat
Not at all
Never

Once a year

A few times a year

At least once a month

At least once a week

Nearly every day
Not at all
A little
A lot
Never

Sometimes

Often

Always
Never
Sometimes
Often
Personal Care Home

Rehabilitation Facility

Long Term Care Facility (Skilled)

Long Term Care Facility (Intermediate)

Assisted Living Facility

Other
Not at all satisfied
Just a little satisfied
Fairly satisfied
Very satisfied
At least once a day
At least once a week
At least once a month
At least twice per year
At least once per year
Less than once per year
Never
Completely false
Mostly false
True and false
Mostly true
Completely true
Home
Hospital
Nursing Home
Other
Not at all
Somewhat
Very much
Never
Seldom
Often
All the time
Not at all

Some

A great deal